

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
1	10KM Individual Run - Female Core	1530	Leung Ho Yin	梁浩妍	0:45:44	0:45:41
2	10KM Individual Run - Female Core	1511	Lau Yan Yan	劉欣欣	0:47:27	0:47:26
3	10KM Individual Run - Female Core	1520	Wong Ka Lai		0:48:11	0:48:10
4	10KM Individual Run - Female Core	1515	Cheung Lim Yan	張念恩	0:51:56	0:51:53
5	10KM Individual Run - Female Core	T2016	MAK HIU MEI SANDY	麥曉微	0:55:59	0:55:56
6	10KM Individual Run - Female Core	1502	ZHANG XIANTAO	張獻桃	0:56:13	0:56:04
7	10KM Individual Run - Female Core	H2512	WONG Hei Yin Hazel	黃曦妍	0:57:45	0:57:34
8	10KM Individual Run - Female Core	1534	Ng Sheryl	吳鳳兒	0:58:17	0:58:12
9	10KM Individual Run - Female Core	T2014	LEE CHO SZE	李楚施	0:59:10	0:59:03
10	10KM Individual Run - Female Core	T2017	NG SAU KWAN	吳秀群	0:59:35	0:59:31
11	10KM Individual Run - Female Core	1518	Ho Ngai Sze	何藝思	0:59:38	0:59:38
12	10KM Individual Run - Female Core	1506	Yau Lai Ching	邱麗貞	1:00:24	0:59:52
13	10KM Individual Run - Female Core	1524	Leung Nga Ting Celia	梁靄婷	1:00:31	1:00:14
14	10KM Individual Run - Female Core	H2538	LIN Oi Yee, Francis	連靄怡	1:03:29	1:02:55
15	10KM Individual Run - Female Core	1519	Lee Shuk wah	李淑樺	1:04:53	1:04:46
16	10KM Individual Run - Female Core	H2539	Chan Suk Fai	陳淑暉	1:05:08	1:04:35
17	10KM Individual Run - Female Core	1516	Liu Man Ming		1:05:54	1:05:37
18	10KM Individual Run - Female Core	1517	YEUNG Yau Hung	楊友紅	1:06:06	1:05:49
19	10KM Individual Run - Female Core	H2506	WONG Hoi Yan	黃愷欣	1:06:54	1:06:43
20	10KM Individual Run - Female Core	T2030	Shum Hoi Yee	沈凱儀	1:07:21	1:06:57
21	10KM Individual Run - Female Core	1523	Wong Sing Wun Starry		1:08:11	1:07:56
22	10KM Individual Run - Female Core	1525	CHENG KWAI FONG		1:09:01	1:08:33
23	10KM Individual Run - Female Core	1513	Yuen Ka man	阮嘉敏	1:09:32	1:09:06
24	10KM Individual Run - Female Core	1537	Yip Jasmine	葉渝	1:09:34	1:09:09
25	10KM Individual Run - Female Core	1535	Leung Man Ting	梁敏婷	1:10:03	1:09:35
26	10KM Individual Run - Female Core	1528	Lau Jane	劉至欣	1:11:02	1:10:31
27	10KM Individual Run - Female Core	1507	CHAN KA WING	陳嘉穎	1:11:14	1:11:02
28	10KM Individual Run - Female Core	1508	LAU WAN MUI	劉韻梅	1:11:18	1:10:48
29	10KM Individual Run - Female Core	1500	LAU HAU FUNG	劉巧鳳	1:12:08	1:11:58
30	10KM Individual Run - Female Core	1503	POON WING YI	潘詠怡	1:12:09	1:11:57
31	10KM Individual Run - Female Core	1529	Wong Sylvia	黃敏詩	1:12:15	1:11:45
32	10KM Individual Run - Female Core	1526	pang wing yan	彭詠欣	1:13:25	1:12:53
33	10KM Individual Run - Female Core	1533	Kwok Hiu Sin	郭曉倩	1:13:47	1:13:47
34	10KM Individual Run - Female Core	1501	LEUNG PUI LAM	梁沛琳	1:14:00	1:13:48
35	10KM Individual Run - Female Core	H2500	WONG Wan Ki Suki	黃韻琪	1:16:09	1:15:56
36	10KM Individual Run - Female Core	1504	FAN LULU	樊璐璐	1:17:53	1:17:24
37	10KM Individual Run - Female Core	1509	Chan Ho Yan		1:21:43	1:21:32
38	10KM Individual Run - Female Core	1512	WONG YUK PING		1:22:34	1:22:09
39	10KM Individual Run - Female Core	H2562	Tsui Oi Lun	徐愛倫	1:23:01	1:22:42
40	10KM Individual Run - Female Core	1505	Chan Shui Wa	陳瑞華	1:24:25	1:24:18
41	10KM Individual Run - Female Core	T2000	Tung Sze Yung Ophelia	董思蓉	1:26:34	1:26:02
42	10KM Individual Run - Female Core	1536	Wong Kit chi	黃潔芝	1:26:34	1:26:26

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
43	10KM Individual Run - Female Core	1522	Cheung Yim man	張豔雯	1:36:23	1:36:16
44	10KM Individual Run - Female Core	1510	LEE Wee Yee Shara	李泳怡	1:37:00	1:25:42

World Heart Day 2025-26

Date: 11 Jan 2026

Category	Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
	1	10KM Individual Run - Female Dynamic	1538	LUI On Ni	雷安妮	0:51:20	0:50:52
	2	10KM Individual Run - Female Dynamic	1545	Kwok Melody		0:53:17	0:53:14
	3	10KM Individual Run - Female Dynamic	1543	WONG CHIN LENG	黃芊羚	0:55:57	0:55:32
	4	10KM Individual Run - Female Dynamic	1544	Samantha Maki Brophy	寶泳橋	0:58:43	0:58:11
	5	10KM Individual Run - Female Dynamic	1547	Yuen Beatrice		0:58:53	0:58:13
	6	10KM Individual Run - Female Dynamic	1540	Lau Yan Tung	劉恩童	1:02:11	1:02:10
	7	10KM Individual Run - Female Dynamic	H2565	Lam Antonia	林欣彤	1:07:35	1:07:21
	8	10KM Individual Run - Female Dynamic	H2544	Wong Man Chun	黃敏津	1:10:01	1:09:25
	9	10KM Individual Run - Female Dynamic	H2564	Yuen Pik Shan	袁碧珊	1:10:14	1:09:56
	10	10KM Individual Run - Female Dynamic	1549	Wong Yasmine	黃子詠	1:16:40	1:16:05
	11	10KM Individual Run - Female Dynamic	1546	Cheng Anson	鄭安晴	1:23:05	1:22:49
	12	10KM Individual Run - Female Dynamic	1548	Chow Chau Yin	周秋燕	1:26:33	1:26:24

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
1	10KM Individual Run - Female Master	1589	Yeung Wai Ming	楊惠明	0:43:15	0:43:15
2	10KM Individual Run - Female Master	1596	Ng Man Ching		0:50:38	0:50:37
3	10KM Individual Run - Female Master	1584	Lam Yuk Lan Candy	林玉蘭	0:53:13	0:53:09
4	10KM Individual Run - Female Master	1551	OR CHI SIK	柯慈惜	0:55:08	0:54:59
5	10KM Individual Run - Female Master	1553	CHENG MAN HEUNG	鄭文香	0:58:13	0:58:12
6	10KM Individual Run - Female Master	1591	Tsoi Jennifer		0:58:47	0:58:33
7	10KM Individual Run - Female Master	H2513	LAM Pui Yuk	林佩玉	1:02:06	1:01:56
8	10KM Individual Run - Female Master	H2566	Ng Yan Lee	吳茵莉	1:02:24	1:02:07
9	10KM Individual Run - Female Master	1555	YIK KWAI LAN	易桂蘭	1:03:07	1:02:58
10	10KM Individual Run - Female Master	1576	Leong Choi Heng	梁彩卿	1:04:58	1:04:46
11	10KM Individual Run - Female Master	1556	CHAN MOON LIN	陳滿蓮	1:05:35	1:05:29
12	10KM Individual Run - Female Master	1561	Chan Mei Ling Elain	陳	1:06:43	1:06:16
13	10KM Individual Run - Female Master	H2507	TSANG Wai Shan	曾慧珊	1:06:54	1:06:43
14	10KM Individual Run - Female Master	1554	HO YUK HA	何玉霞	1:07:15	1:07:15
15	10KM Individual Run - Female Master	1566	Leung Choi Hung	梁賽紅	1:07:31	1:07:31
16	10KM Individual Run - Female Master	1579	Wong Hoi Yin	黃海燕	1:08:21	1:08:09
17	10KM Individual Run - Female Master	1575	Lo Siu Fan		1:08:23	1:08:14
18	10KM Individual Run - Female Master	1594	Chow Lei Lei Lily	周莉莉	1:08:38	1:08:35
19	10KM Individual Run - Female Master	1567	Chow Wai Ping	周偉萍	1:08:40	1:08:17
20	10KM Individual Run - Female Master	1587	Chan Kit Yan		1:08:46	1:08:08
21	10KM Individual Run - Female Master	H2563	Kwok CHUN LAN COOKIES	郭進蘭	1:08:50	1:08:30
22	10KM Individual Run - Female Master	1599	Tsang Caroline	曾瑞群	1:08:50	1:08:29
23	10KM Individual Run - Female Master	H2532	Law So	羅素	1:09:06	1:08:33
24	10KM Individual Run - Female Master	1563	Lo Man Yee	盧敏儀	1:10:15	1:09:54
25	10KM Individual Run - Female Master	1577	Cheung Lai King Kitty	張麗琼	1:10:52	1:10:23
26	10KM Individual Run - Female Master	1559	FOK LAI FONG	霍麗芳	1:11:31	1:11:30
27	10KM Individual Run - Female Master	1585	Ku Wan Seung Jenny	顧韻嫦	1:11:38	1:11:37
28	10KM Individual Run - Female Master	1598	TANG Pui Yi	鄧佩儀	1:12:25	1:10:26
29	10KM Individual Run - Female Master	1569	Ng Nikki		1:12:42	1:12:41
30	10KM Individual Run - Female Master	1560	Chen Yue ying	陳月影	1:12:47	1:12:19
31	10KM Individual Run - Female Master	1583	LEUNG BRENDA SY		1:14:58	1:14:57
32	10KM Individual Run - Female Master	1557	CHING YIM MEI	程艷美	1:15:09	1:14:52
33	10KM Individual Run - Female Master	1581	Leung Kingchi	梁琼芝	1:16:05	1:15:49
34	10KM Individual Run - Female Master	1573	YUAN QiLing	袁綺玲	1:16:09	1:16:03
35	10KM Individual Run - Female Master	1558	LI WONG CHOI FUNG Anita	李黃彩鳳	1:16:56	1:16:46
36	10KM Individual Run - Female Master	1580	CHAN Ching Man		1:17:06	1:16:58
37	10KM Individual Run - Female Master	1582	KOT Hoi Ling	葛海玲	1:17:18	1:16:59
38	10KM Individual Run - Female Master	1605	Kuk yuk yin	谷玉賢	1:17:29	1:16:54
39	10KM Individual Run - Female Master	1586	Lam Chin Sun Jiene	林仟宸	1:17:39	1:17:34
40	10KM Individual Run - Female Master	1568	Ko Po Yuk	高寶玉	1:18:02	1:17:32

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
41	10KM Individual Run - Female Master	1600	Chang Lai Ling	張麗玲	1:19:07	1:18:50
42	10KM Individual Run - Female Master	T2011	CHEUK SIU SAN	卓小珊	1:20:11	1:20:06
43	10KM Individual Run - Female Master	1578	WONG KAM FUNG	黃金鳳	1:21:27	1:21:24
44	10KM Individual Run - Female Master	T2006	TANG CHING YAN JUNE	鄧靜茵	1:22:09	1:22:03
45	10KM Individual Run - Female Master	1602	CHO Yolanda		1:22:25	1:22:17
46	10KM Individual Run - Female Master	H2545	Lai Wai Wun	黎慧媛	1:23:23	1:22:48
47	10KM Individual Run - Female Master	1574	Lo Pik Sze	盧璧詩	1:23:48	1:23:43
48	10KM Individual Run - Female Master	1572	Ko Suk Chee Kelly	高淑慈	1:23:51	1:23:45
49	10KM Individual Run - Female Master	1562	Tang Fung Kwan		1:26:11	1:26:08
50	10KM Individual Run - Female Master	1570	Cheung Yuet Ngor	張月娥	1:27:57	1:27:52
51	10KM Individual Run - Female Master	1571	Lau Yuet choi	劉月彩	1:27:57	1:27:53
52	10KM Individual Run - Female Master	H2567	Siu Kin Hung Carol	蕭健紅	1:28:23	1:28:04
53	10KM Individual Run - Female Master	1588	Ho Pui Chun		1:28:42	1:28:37
54	10KM Individual Run - Female Master	1603	perez girlie		1:30:10	1:29:53
55	10KM Individual Run - Female Master	1565	Sha Mei Yin	夏美燕	1:33:46	1:33:23
56	10KM Individual Run - Female Master	1592	Tsui Tsz	徐紫	1:36:04	1:35:45
57	10KM Individual Run - Female Master	1601	Ip Fung Yee	葉鳳儀	1:41:37	1:41:28
58	10KM Individual Run - Female Master	1593	WONG SUI WAH	黃瑞華	1:43:23	1:43:06
DQ	10KM Individual Run - Female Master	1604	chat yuk ying	翟玉英		

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
1	10KM Individual Run - Female Prime	1619	Wong Mei yan		0:40:18	0:40:18
2	10KM Individual Run - Female Prime	1625	Lau Wing Tung		0:42:19	0:42:19
3	10KM Individual Run - Female Prime	H2520	Chan King Pui Florence	陳璟珮	0:46:40	0:46:40
4	10KM Individual Run - Female Prime	H2501	TSE Hiu Man	謝曉敏	0:47:47	0:47:34
5	10KM Individual Run - Female Prime	H2556	Wong Pui Shan	黃佩珊	0:49:26	0:49:12
6	10KM Individual Run - Female Prime	1630	Tse Ka Yiu Yoyo		0:51:28	0:51:28
7	10KM Individual Run - Female Prime	1617	Lam Hei Tung	林曦彤	0:51:34	0:51:31
8	10KM Individual Run - Female Prime	H2561	Yeung Lai Yin	楊麗然	0:53:04	0:52:49
9	10KM Individual Run - Female Prime	H2515	Ho Mei Han		0:54:14	0:53:50
10	10KM Individual Run - Female Prime	1621	Cheung Lee Wang Hilary		0:54:18	0:54:12
11	10KM Individual Run - Female Prime	H2540	Leung Mei Kwan Milk	梁美君	0:54:21	0:54:18
12	10KM Individual Run - Female Prime	H2514	LAM Wan Ka	林韻嘉	0:57:49	0:57:37
13	10KM Individual Run - Female Prime	1610	LAI YUNG CHUN		0:58:08	0:58:06
14	10KM Individual Run - Female Prime	H2547	Lam Shu Ting	林舒婷	0:59:28	0:59:27
15	10KM Individual Run - Female Prime	1633	KOO YAR CHEE	古雅姿	1:00:17	1:00:12
16	10KM Individual Run - Female Prime	T2024	LEE Mei Han	李美嫻	1:00:21	0:59:57
17	10KM Individual Run - Female Prime	H2557	Chan Joyce	陳潔瑩	1:00:22	1:00:03
18	10KM Individual Run - Female Prime	1622	Lee Wing Yan		1:00:41	1:00:05
19	10KM Individual Run - Female Prime	1611	Lai Pui Yi	黎佩兒	1:04:29	1:04:04
20	10KM Individual Run - Female Prime	1627	Kwok Yung		1:04:55	1:03:53
21	10KM Individual Run - Female Prime	T2025	Liu Erica	廖婉詠	1:05:43	1:05:19
22	10KM Individual Run - Female Prime	1618	Chau Ka Yee	鄒嘉儀	1:06:14	1:06:07
23	10KM Individual Run - Female Prime	1620	Leung Wing Ki	梁穎琦	1:07:07	1:06:50
24	10KM Individual Run - Female Prime	H2560	Cheuk Sze Man	卓思敏	1:07:18	1:06:58
25	10KM Individual Run - Female Prime	1632	Cheung Chi Hin Emax	張芷騫	1:07:20	1:06:51
26	10KM Individual Run - Female Prime	T2009	KWONG KA YIN	鄭嘉燕	1:07:30	1:07:24
27	10KM Individual Run - Female Prime	1626	Wong Wing Sze		1:08:04	1:07:41
28	10KM Individual Run - Female Prime	1607	CHEUNG WING YIU	張穎瑤	1:08:19	1:07:41
29	10KM Individual Run - Female Prime	1606	KWAN YUET TING	關月婷	1:08:26	1:08:14
30	10KM Individual Run - Female Prime	1612	Kan Lok Yi	簡樂怡	1:08:58	1:08:57
31	10KM Individual Run - Female Prime	1631	Kwok Hiu Kei		1:08:59	1:08:57
32	10KM Individual Run - Female Prime	1613	Tsang Lok Yi	曾樂兒	1:09:50	1:09:47
33	10KM Individual Run - Female Prime	T2018	So Man Wai	蘇敏慧	1:11:16	1:10:45
34	10KM Individual Run - Female Prime	1614	Yau Lai Shan	邱麗珊	1:11:16	1:10:43
35	10KM Individual Run - Female Prime	1628	Chan Oi Yi		1:12:21	1:11:41
36	10KM Individual Run - Female Prime	H2559	Yiu Wing Tung	姚穎彤	1:13:10	1:12:50
37	10KM Individual Run - Female Prime	H2548	Chow Lok Yi	周樂怡	1:13:14	1:12:57
38	10KM Individual Run - Female Prime	H2558	Wong Suk Man	王淑文	1:14:56	1:14:35
39	10KM Individual Run - Female Prime	1624	Yung Wing Yin	容詠妍	1:15:21	1:14:50
40	10KM Individual Run - Female Prime	H2546	Ko Cheuk Yan	高卓欣	1:17:42	1:17:07

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
41	10KM Individual Run - Female Prime	1629	Yip Sandy		1:17:47	1:17:09
42	10KM Individual Run - Female Prime	H2533	Chan Tan Ni	陳丹妮	1:19:05	1:18:33
43	10KM Individual Run - Female Prime	1634	Tse Yu	謝羽	1:20:15	1:19:48
44	10KM Individual Run - Female Prime	1608	Chan Sui Yan		1:24:25	1:24:17
45	10KM Individual Run - Female Prime	1635	Ho Ying Ying	何盈盈	1:25:46	1:25:08

World Heart Day 2025-26

Date: 11 Jan 206

Category	Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
	1	10KM Individual Run - Female Youth	1636	LAM O Ching	林奥晴	1:36:05	1:35:46

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
1	10KM Individual Run - Male Core	1052	Kwok Wai Kin	郭偉建	0:38:19	0:38:17
2	10KM Individual Run - Male Core	H2528	YAM Ka Keung	任家強	0:38:29	0:38:28
3	10KM Individual Run - Male Core	T2036	Lau Chun Ki		0:39:34	0:39:34
4	10KM Individual Run - Male Core	H2508	YIP Kam	葉錦	0:39:53	0:39:50
5	10KM Individual Run - Male Core	1039	lai Kat	賴吉	0:40:04	0:40:04
6	10KM Individual Run - Male Core	H2568	Wong Chung Ting Martin	黃頌廷	0:40:50	0:40:47
7	10KM Individual Run - Male Core	H2526	CHAN Tuen Ching	陳端正	0:43:00	0:43:00
8	10KM Individual Run - Male Core	1030	Chung Wing Wah		0:44:00	0:43:59
9	10KM Individual Run - Male Core	T2043	Chung Cheuk Yin	鍾卓賢	0:45:20	0:45:10
10	10KM Individual Run - Male Core	1015	Tse Man Ki	謝文基	0:45:25	0:45:23
11	10KM Individual Run - Male Core	H2527	Paul Aarne Koljonen	高日藍	0:46:13	0:46:13
12	10KM Individual Run - Male Core	T2044	Siu Vincent Chun Yu	蕭震宇	0:47:49	0:47:42
13	10KM Individual Run - Male Core	1070	Law Evan		0:47:57	0:47:36
14	10KM Individual Run - Male Core	1029	CHENG WAI LEUNG	鄭偉良	0:48:04	0:47:41
15	10KM Individual Run - Male Core	1046	Ng Ka Ho	吳嘉豪	0:48:10	0:47:59
16	10KM Individual Run - Male Core	1002	LEE KIN LIK KENNETH	李健力	0:49:12	0:48:44
17	10KM Individual Run - Male Core	1006	Cheung Chun Pong	張振邦	0:49:24	0:49:21
18	10KM Individual Run - Male Core	1003	Chan Chit Keung	陳捷強	0:49:29	0:49:01
19	10KM Individual Run - Male Core	1076	Wong Fuk King	黃福敬	0:49:30	0:49:27
20	10KM Individual Run - Male Core	T2042	Tse Kai Pong	謝啟邦	0:50:11	0:50:01
21	10KM Individual Run - Male Core	T2012	CHAN KING FAI	陳景輝	0:50:17	0:50:11
22	10KM Individual Run - Male Core	1060	Tang Man Leong	鄧文亮	0:50:30	0:50:28
23	10KM Individual Run - Male Core	1059	Lai Chun Yin	黎焯延	0:50:34	0:50:32
24	10KM Individual Run - Male Core	H2580	LEUNG KA WING	梁嘉榮	0:50:41	0:50:07
25	10KM Individual Run - Male Core	1005	Tsui Ka Pong	徐嘉邦	0:50:58	0:50:41
26	10KM Individual Run - Male Core	T2019	Chan Lawrence	陳志恒	0:51:44	0:51:18
27	10KM Individual Run - Male Core	1069	Tsang Patrick		0:51:50	0:51:28
28	10KM Individual Run - Male Core	1044	Yuen Ka ki	袁家祺	0:52:23	0:52:08
29	10KM Individual Run - Male Core	1065	Chan Stephen		0:52:37	0:52:15
30	10KM Individual Run - Male Core	1009	LAI THOMAS KWOK SHUN		0:52:54	0:52:45
31	10KM Individual Run - Male Core	H2502	LIN lianhua	林連華	0:52:54	0:52:51
32	10KM Individual Run - Male Core	1010	chang ching fai	張清快	0:53:03	0:52:40
33	10KM Individual Run - Male Core	1019	WAN MAN LEONG		0:53:33	0:53:33
34	10KM Individual Run - Male Core	T2021	Tse Ronald	謝廷灝	0:53:36	0:53:03
35	10KM Individual Run - Male Core	1025	Wai ho Choi		0:54:16	0:54:06
36	10KM Individual Run - Male Core	T2031	Fong Tsz Wai	方梓維	0:54:17	0:53:52
37	10KM Individual Run - Male Core	T2033	Chan Wai Tong	陳偉堂	0:54:44	0:54:20
38	10KM Individual Run - Male Core	1001	Wong Justin		0:55:00	0:54:56
39	10KM Individual Run - Male Core	1073	LAM HOI HANG	林凱恆	0:55:11	0:55:10
40	10KM Individual Run - Male Core	1061	Yip Po Fat	葉寶發	0:55:30	0:55:19

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
41	10KM Individual Run - Male Core	1034	Li Ho Yin	李浩然	0:55:42	0:55:26
42	10KM Individual Run - Male Core	1071	Lo Shing Pan		0:55:53	0:55:40
43	10KM Individual Run - Male Core	1013	NG MING TAK	吳銘德	0:56:15	0:56:03
44	10KM Individual Run - Male Core	T2001	CHAN CHONG TUNG	陳壯東	0:56:29	0:55:51
45	10KM Individual Run - Male Core	1048	Wong Wing fai	黃榮輝	0:56:34	0:56:34
46	10KM Individual Run - Male Core	1047	CHAN KWAI WING	陳貴榮	0:56:34	0:56:29
47	10KM Individual Run - Male Core	1066	Lee Jordi		0:57:29	0:57:09
48	10KM Individual Run - Male Core	1014	WEN YEE FAI	尹貽暉	0:57:53	0:57:40
49	10KM Individual Run - Male Core	1067	Yung Walter		0:58:49	0:58:28
50	10KM Individual Run - Male Core	1050	CHAN Ka chung	陳嘉聰	0:59:07	0:58:53
51	10KM Individual Run - Male Core	T2015	NG FAT LUNG	吳法龍	0:59:12	0:59:05
52	10KM Individual Run - Male Core	H2541	Leung Wai Yin	梁偉然	0:59:51	0:59:18
53	10KM Individual Run - Male Core	1035	Lai Chi Wing	黎志榮	1:00:08	0:59:42
54	10KM Individual Run - Male Core	1033	Wong Tsz kit	王子傑	1:00:36	1:00:30
55	10KM Individual Run - Male Core	H2503	CHEUNG Kin Ho	張健豪	1:01:18	1:01:15
56	10KM Individual Run - Male Core	H2575	Pang Wing Kei	彭榮基	1:01:51	1:01:36
57	10KM Individual Run - Male Core	1023	Wu Shu chung		1:03:48	1:03:45
58	10KM Individual Run - Male Core	1031	LEE WARREN	李偉倫	1:05:19	1:04:55
59	10KM Individual Run - Male Core	1056	LAU Kwok Hon	劉國瀚	1:06:00	1:05:48
60	10KM Individual Run - Male Core	1068	Chan Stephen		1:06:28	1:06:07
61	10KM Individual Run - Male Core	1045	Ho Edward	何家驥	1:07:09	1:06:35
62	10KM Individual Run - Male Core	1072	CHUI WAI KIN	崔緯健	1:07:12	1:07:12
63	10KM Individual Run - Male Core	H2534	Lam Kwok Kin	林國堅	1:08:08	1:07:33
64	10KM Individual Run - Male Core	1012	LAU SHONG SHING	劉桑成	1:08:12	1:07:57
65	10KM Individual Run - Male Core	1024	Lee Wai Yi	李煒怡	1:08:17	1:07:49
66	10KM Individual Run - Male Core	1022	Chan Cheuk Pan	陳卓斌	1:08:50	1:08:35
67	10KM Individual Run - Male Core	1063	Hung Ka Ming		1:09:11	1:08:58
68	10KM Individual Run - Male Core	1043	Ho Chi Ho	何智豪	1:09:21	1:09:18
69	10KM Individual Run - Male Core	1051	wong Chun kin	黃俊健	1:09:22	1:08:50
70	10KM Individual Run - Male Core	T2020	Leung Lap Man	梁立民	1:11:16	1:10:44
71	10KM Individual Run - Male Core	1011	Lee Man Yat		1:11:17	1:11:13
72	10KM Individual Run - Male Core	1041	LEUNG HON KIT	梁漢傑	1:12:31	1:12:27
73	10KM Individual Run - Male Core	1018	Lai Tat Wai	黎達偉	1:12:35	1:12:15
74	10KM Individual Run - Male Core	1017	Yung Yuen	翁源	1:12:44	1:12:35
75	10KM Individual Run - Male Core	1074	Ho Desmond		1:13:10	1:12:33
76	10KM Individual Run - Male Core	1049	Wong Pui Tak	黃沛德	1:15:23	1:15:17
77	10KM Individual Run - Male Core	1037	Lam Hong Ching		1:15:40	1:15:27
78	10KM Individual Run - Male Core	1075	Fung Kam Po	馮金寶	1:16:32	1:15:59
79	10KM Individual Run - Male Core	1058	Wong Billy	黃志斌	1:16:50	1:16:18
80	10KM Individual Run - Male Core	1057	Yuen Andrew	袁志樂	1:16:50	1:16:17

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
81	10KM Individual Run - Male Core	T2027	Wong Wai Lap William	黃偉納	1:17:12	1:16:49
82	10KM Individual Run - Male Core	1004	Yau Lap Tak	邱立德	1:18:46	1:18:45
83	10KM Individual Run - Male Core	T2032	Tsang Heung Wa	曾向華	1:20:31	1:20:05
84	10KM Individual Run - Male Core	1008	Lee Ka Lun	李家倫	1:20:41	1:20:37
85	10KM Individual Run - Male Core	1027	TUNG Sze Ho Dicky		1:24:17	1:24:02
86	10KM Individual Run - Male Core	1064	KWOK Ka Ho Terrence	郭嘉豪	1:36:21	1:35:45

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
1	10KM Individual Run - Male Dynamic	H2549	Lau Chun Him	劉俊謙	0:35:37	0:35:37
2	10KM Individual Run - Male Dynamic	H2516	Lee Kam Sing		0:38:52	0:38:49
3	10KM Individual Run - Male Dynamic	1089	So Chak Fai	蘇澤暉	0:42:03	0:41:58
4	10KM Individual Run - Male Dynamic	1083	Lee Ming Tak	李明德	0:42:42	0:42:39
5	10KM Individual Run - Male Dynamic	1084	Chau Herman		0:43:53	0:43:49
6	10KM Individual Run - Male Dynamic	T2045	Cheung Chun Sing	張振昇	0:45:40	0:45:30
7	10KM Individual Run - Male Dynamic	1080	LIU PUI YIN	廖沛言	0:47:42	0:47:37
8	10KM Individual Run - Male Dynamic	1088	ZHANG Alex	張延超	0:49:58	0:49:47
9	10KM Individual Run - Male Dynamic	H2576	Tong Man Ho	唐文皓	0:50:27	0:50:14
10	10KM Individual Run - Male Dynamic	1079	Fung Kwun Kit	馮冠傑	0:51:13	0:50:37
11	10KM Individual Run - Male Dynamic	H2551	YIU Hing Cheung Jimmy	姚慶祥	0:51:44	0:51:26
12	10KM Individual Run - Male Dynamic	H2517	Liu Chiu Shing		0:52:03	0:51:39
13	10KM Individual Run - Male Dynamic	1082	Ng Chun Kit	吳俊杰	0:54:08	0:54:04
14	10KM Individual Run - Male Dynamic	1077	Kwok Ching Wai	郭澄瑋	0:54:24	0:53:52
15	10KM Individual Run - Male Dynamic	T2002	YEUNG SUN	楊燊	1:02:53	1:02:22
16	10KM Individual Run - Male Dynamic	H2577	Cheung Kristopher Ka-Wai	張家瑋	1:03:29	1:03:16
17	10KM Individual Run - Male Dynamic	1085	Lam Kai Sing	林啟昇	1:05:16	1:05:14
18	10KM Individual Run - Male Dynamic	H2535	Lee Tsz Nok	李梓諾	1:10:09	1:09:36
19	10KM Individual Run - Male Dynamic	H2581	CHENG HAY	鄭儀	1:12:28	1:11:54
DQ	10KM Individual Run - Male Dynamic	1087	Lok Ho Yin	駱昊賢		

World Heart Day 2025-26

Date: 11 Jan 2026

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
1	10KM Individual Run - Male Evergreen	1139	Cheuk Hon Kau	卓漢球	0:39:41	0:39:41
2	10KM Individual Run - Male Evergreen	1154	Tam Yin hong	譚衍康	0:42:28	0:42:28
3	10KM Individual Run - Male Evergreen	1094	Cheung Kwong Ming	張光明	0:44:07	0:44:05
4	10KM Individual Run - Male Evergreen	1161	Cheng Yui Keung	銳強	0:44:24	0:44:23
5	10KM Individual Run - Male Evergreen	1101	Yam Kit Man	任傑文	0:45:38	0:45:35
6	10KM Individual Run - Male Evergreen	1098	NG KA FAI		0:45:58	0:45:53
7	10KM Individual Run - Male Evergreen	1136	Siu Wai Choi	蕭偉才	0:47:25	0:47:20
8	10KM Individual Run - Male Evergreen	1164	WONG Fung For	黃烽火	0:48:06	0:48:04
9	10KM Individual Run - Male Evergreen	1091	Chan Hoi Lap Alfred		0:48:46	0:48:44
10	10KM Individual Run - Male Evergreen	1115	CHU MAN WAI	朱文偉	0:49:40	0:49:38
11	10KM Individual Run - Male Evergreen	1118	Wong wang kin	黃宏健	0:50:32	0:50:21
12	10KM Individual Run - Male Evergreen	1097	Cheng man keung	鄭敏強	0:51:19	0:51:15
13	10KM Individual Run - Male Evergreen	1167	Wong Yin Cheong	黃舷菖	0:53:00	0:53:00
14	10KM Individual Run - Male Evergreen	1168	NG WAI KIT	伍偉傑	0:53:34	0:53:29
15	10KM Individual Run - Male Evergreen	1137	CHOY KWOK SING		0:54:11	0:53:44
16	10KM Individual Run - Male Evergreen	1141	Chan Chin Hong	陳展航	0:54:46	0:54:43
17	10KM Individual Run - Male Evergreen	1149	YAN WAH FAI	甄華輝	0:55:06	0:55:06
18	10KM Individual Run - Male Evergreen	1175	Lau Ricky		0:55:30	0:55:14
19	10KM Individual Run - Male Evergreen	1134	Cheng Kam Choi	鄭錦材	0:56:26	0:56:23
20	10KM Individual Run - Male Evergreen	1146	Chau Chi Ming	周志明	0:56:37	0:56:36
21	10KM Individual Run - Male Evergreen	1145	Fung Hong	馮康	0:57:07	0:56:53
22	10KM Individual Run - Male Evergreen	1122	Siu Shing yiu	蕭成耀	0:57:19	0:57:09
23	10KM Individual Run - Male Evergreen	H2570	Tam Ka Keung	譚家強	0:57:24	0:57:03
24	10KM Individual Run - Male Evergreen	H2518	Lee Kang Yin		0:57:25	0:56:59
25	10KM Individual Run - Male Evergreen	1100	Hau Siu Ming	侯小明	0:57:44	0:57:28
26	10KM Individual Run - Male Evergreen	1181	Chow Yat Kwan Stephen	周逸群	0:57:45	0:57:29
27	10KM Individual Run - Male Evergreen	1176	Chow Yiu Kwong Raymond	周耀光	0:58:05	0:57:53
28	10KM Individual Run - Male Evergreen	1140	YUEN Wang Keung	阮宏強	0:58:26	0:58:26
29	10KM Individual Run - Male Evergreen	1179	Chow Chi Ming	周志明	0:59:01	0:58:32
30	10KM Individual Run - Male Evergreen	1166	Tsang Chi Hung	曾志雄	0:59:10	0:58:43
31	10KM Individual Run - Male Evergreen	T2013	WAN WING HONG RICKY	尹永康	0:59:27	0:59:22
32	10KM Individual Run - Male Evergreen	T2003	SOO SIU HUNG	蘇兆雄	0:59:27	0:58:56
33	10KM Individual Run - Male Evergreen	1116	FU Wai Shing		1:00:20	1:00:02
34	10KM Individual Run - Male Evergreen	1110	LAI CHUNG PAK	黎從栢	1:01:14	1:00:39
35	10KM Individual Run - Male Evergreen	1172	YAU PUI HUNG STANLEY	游沛鴻	1:02:14	1:01:59
36	10KM Individual Run - Male Evergreen	1131	Kan Jeff		1:03:02	1:02:53
37	10KM Individual Run - Male Evergreen	1143	SHEK Man Hung	石文雄	1:04:11	1:04:11
38	10KM Individual Run - Male Evergreen	1142	Suen Raymond	孫偉文	1:04:11	1:04:10
39	10KM Individual Run - Male Evergreen	1157	Chan Ka Ming		1:04:17	1:03:58
40	10KM Individual Run - Male Evergreen	1144	CHOW CHARM SUM THOMAS	周湛深	1:04:33	1:04:30

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
41	10KM Individual Run - Male Evergreen	1169	Lau Yau Pun		1:04:43	1:04:14
42	10KM Individual Run - Male Evergreen	1133	Chu Ting Kai	朱定佳	1:05:22	1:04:59
43	10KM Individual Run - Male Evergreen	1112	YIM KA FAT		1:05:22	1:05:20
44	10KM Individual Run - Male Evergreen	H2569	Chan Fui	陳魁	1:05:43	1:05:21
45	10KM Individual Run - Male Evergreen	1127	YU TAK CHUEN	余德泉	1:05:51	1:05:48
46	10KM Individual Run - Male Evergreen	1113	Wong Kin On James	黃健安	1:06:26	1:05:55
47	10KM Individual Run - Male Evergreen	1123	Liu Tin Chee	廖天賜	1:06:30	1:06:13
48	10KM Individual Run - Male Evergreen	1128	Wong Tat Keung Sammy	黃達強	1:06:32	1:06:23
49	10KM Individual Run - Male Evergreen	1129	Chau Chun Kit		1:07:13	1:07:03
50	10KM Individual Run - Male Evergreen	1109	Yeung Man Wai	楊文偉	1:07:31	1:07:29
51	10KM Individual Run - Male Evergreen	1162	Chan Chi Yin Stanley	陳志賢	1:07:48	1:07:34
52	10KM Individual Run - Male Evergreen	1170	Tsang Ronnie Yiu Man	曾耀文	1:07:52	1:07:23
53	10KM Individual Run - Male Evergreen	1105	YOUNG IVAN		1:08:29	1:08:22
54	10KM Individual Run - Male Evergreen	1119	FUNG WING BOR	馮永波	1:08:34	1:07:56
55	10KM Individual Run - Male Evergreen	1117	Luk Kam Wai	陸錦偉	1:11:11	1:11:06
56	10KM Individual Run - Male Evergreen	1150	Cheng Pui Hung Michael	鄭沛鴻	1:11:17	1:11:08
57	10KM Individual Run - Male Evergreen	1148	LAM SHUN POR	林信波	1:12:20	1:12:17
58	10KM Individual Run - Male Evergreen	1165	Cheung Kam Wing	張金榮	1:13:08	1:12:47
59	10KM Individual Run - Male Evergreen	1093	Chan Yam Leung Thomas	陳欽亮	1:13:43	1:13:35
60	10KM Individual Run - Male Evergreen	1151	Wong Lap Yan		1:14:10	1:13:40
61	10KM Individual Run - Male Evergreen	1095	Chui WK		1:14:13	1:14:09
62	10KM Individual Run - Male Evergreen	1103	LEUNG KAM KWONG		1:14:38	1:14:29
63	10KM Individual Run - Male Evergreen	1125	YEE KIM WING RAYMOND	余劍榮	1:14:57	1:14:45
64	10KM Individual Run - Male Evergreen	1155	WAN TAK KIN	溫德建	1:15:58	1:05:03
65	10KM Individual Run - Male Evergreen	1104	Tse Peter		1:16:19	1:16:06
66	10KM Individual Run - Male Evergreen	1126	Cheung Lap Lun	張立倫	1:16:48	1:16:47
67	10KM Individual Run - Male Evergreen	1120	Yeung Yu Ming	楊汝銘	1:17:55	1:17:26
68	10KM Individual Run - Male Evergreen	1159	Yuen Hon ming	袁漢明	1:18:06	1:17:47
69	10KM Individual Run - Male Evergreen	1130	YEUNG WAI MING	楊偉銘	1:18:08	1:18:04
70	10KM Individual Run - Male Evergreen	1096	Cheng Kwok Tak	鄭國德	1:18:32	1:18:29
71	10KM Individual Run - Male Evergreen	1132	Tung Williams Chung yin	童忠賢	1:18:39	1:18:35
72	10KM Individual Run - Male Evergreen	1152	Cheung Chun wai	張振威	1:19:13	1:18:43
73	10KM Individual Run - Male Evergreen	1163	Chan Kam Wai	陳鑑煒	1:19:25	1:18:50
74	10KM Individual Run - Male Evergreen	1153	Fan Wai Hung		1:19:36	1:19:05
75	10KM Individual Run - Male Evergreen	1102	ng shichung	吳仕忠	1:20:47	1:20:41
76	10KM Individual Run - Male Evergreen	1173		鄭廣強	1:23:05	1:22:48
77	10KM Individual Run - Male Evergreen	1114	Chan Yat Kok	陳一覺	1:23:52	1:23:48
78	10KM Individual Run - Male Evergreen	1138	CHU Man Yiu	朱文耀	1:23:59	1:23:58
79	10KM Individual Run - Male Evergreen	1178	Yu Wai Tong	余偉堂	1:25:29	1:25:26
80	10KM Individual Run - Male Evergreen	1156	CHEUNG MAN TAI	張文泰	1:26:41	1:26:29

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
81	10KM Individual Run - Male Evergreen	1106	Chow Kung pang	周冠鵬	1:27:29	1:27:24
82	10KM Individual Run - Male Evergreen	1174	Sitt Wing Hung	薛穎雄	1:27:41	1:27:14
83	10KM Individual Run - Male Evergreen	1180	Berman Roger		1:29:55	1:29:40
84	10KM Individual Run - Male Evergreen	1124	Chan Wing Kin		1:37:00	1:25:42
85	10KM Individual Run - Male Evergreen	1147	WONG Kam shing	黃錦成	1:44:21	1:44:01

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
1	10KM Individual Run - Male Master	1215	Chan Chi Kit	陳志傑	0:39:28	0:39:28
2	10KM Individual Run - Male Master	1207	Ngai Wai Lun	倪偉倫	0:39:39	0:39:38
3	10KM Individual Run - Male Master	1226	Ho Yuet Ming	何鉞明	0:43:07	0:43:07
4	10KM Individual Run - Male Master	1235	Tong Ka Fai Henry	唐家輝	0:44:36	0:44:36
5	10KM Individual Run - Male Master	1184	CHENG CHI PANG	鄭志鵬	0:46:51	0:46:49
6	10KM Individual Run - Male Master	T2022	Cheung Eddy	張仁貴	0:47:36	0:47:35
7	10KM Individual Run - Male Master	1196	Shing Donald		0:48:11	0:48:09
8	10KM Individual Run - Male Master	1186	LEE KING MAN	李敬文	0:48:26	0:48:14
9	10KM Individual Run - Male Master	H2504	PANG Kwok Hung	彭珏熊	0:49:22	0:49:19
10	10KM Individual Run - Male Master	1236	Chow Yuen Hon Francis	周源瀚	0:50:01	0:49:47
11	10KM Individual Run - Male Master	1220	Chan Man Wai	陳文偉	0:51:02	0:50:38
12	10KM Individual Run - Male Master	1201	Kwai Kin Lun	季健麟	0:51:30	0:51:19
13	10KM Individual Run - Male Master	1222	Cheung Bill	張鴻標	0:51:58	0:51:44
14	10KM Individual Run - Male Master	1191	Yu Franklin		0:52:16	0:52:07
15	10KM Individual Run - Male Master	1192	Cheuk Table	卓子榮	0:52:36	0:52:12
16	10KM Individual Run - Male Master	H2583	Ngai Yiu Hing William	魏堉鑫	0:53:05	0:53:04
17	10KM Individual Run - Male Master	1227	Leung Michael		0:53:29	0:53:18
18	10KM Individual Run - Male Master	T2034	Wan Shing Fun Billy	溫承勳	0:54:03	0:53:41
19	10KM Individual Run - Male Master	1218	Mok Geoffrey	莫子楓	0:54:46	0:54:44
20	10KM Individual Run - Male Master	1210	Wong Siu Wai	黃兆偉	0:54:55	0:54:37
21	10KM Individual Run - Male Master	1216	Lam wang fung	林宏峰	0:55:09	0:54:44
22	10KM Individual Run - Male Master	H2584	Lok Ka Ho	樂家豪	0:55:19	0:55:01
23	10KM Individual Run - Male Master	1204	Lau Chi Kien	劉志堅	0:55:23	0:55:08
24	10KM Individual Run - Male Master	1200	Chan Wing Kwan	陳穎鈞	0:55:53	0:55:51
25	10KM Individual Run - Male Master	T2047	Lam Chun Bun	林振彬	0:56:11	0:56:04
26	10KM Individual Run - Male Master	1223	FUNG YIN SHAN	馮賢山	0:56:29	0:56:28
27	10KM Individual Run - Male Master	1188	Tong Barry		0:57:10	0:57:08
28	10KM Individual Run - Male Master	T2007	HO SIU LUN	何兆麟	0:57:25	0:57:21
29	10KM Individual Run - Male Master	1228	FUNG HIN HO	馮顯豪	0:57:27	0:57:26
30	10KM Individual Run - Male Master	1225	CHOI KA PO	蔡家寶	0:58:02	0:57:54
31	10KM Individual Run - Male Master	1209	Shing Wai hang	成偉恒	0:58:06	0:57:52
32	10KM Individual Run - Male Master	1198	Ip David Tai Wai	葉大偉	0:58:09	0:57:56
33	10KM Individual Run - Male Master	1182	Yeung Tong	楊錦堂	0:58:16	0:57:38
34	10KM Individual Run - Male Master	T2004	ching ming kei	程明基	0:58:31	0:57:58
35	10KM Individual Run - Male Master	1214	Fu Wing Ling	符永寧	0:58:44	0:58:37
36	10KM Individual Run - Male Master	1183	WONG KI CHEONG	黃祺昌	0:58:46	0:58:39
37	10KM Individual Run - Male Master	1205	Chang Sau Yi Davy	張守義	0:59:23	0:59:17
38	10KM Individual Run - Male Master	1203	LAI HON KEUNG SIMON	黎漢強	0:59:27	0:59:21
39	10KM Individual Run - Male Master	1232	Chan Raymond		0:59:41	0:59:20
40	10KM Individual Run - Male Master	1202	HO WAI KEUNG WILKIN	何偉強	0:59:42	0:59:40

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
41	10KM Individual Run - Male Master	1195	Lai Kwan Ho	賴君豪	1:00:10	0:59:34
42	10KM Individual Run - Male Master	1206	KUI SZE LONG	居思朗	1:01:41	1:01:25
43	10KM Individual Run - Male Master	1219	Wong Kar Ho	黃家豪	1:02:10	1:02:04
44	10KM Individual Run - Male Master	H2542	Chan Wai Kwong	陳偉光	1:03:04	1:02:29
45	10KM Individual Run - Male Master	1217	Law Roget	羅偉傑	1:03:14	1:02:49
46	10KM Individual Run - Male Master	H2571	Chung Kwok Kay	鍾國基	1:03:20	1:02:58
47	10KM Individual Run - Male Master	1213	Lai Chung Yin		1:03:52	1:03:15
48	10KM Individual Run - Male Master	1193	Lu Yuning	陸宇寧	1:04:58	1:04:42
49	10KM Individual Run - Male Master	1194	Kwok Wai Ki	郭偉基	1:06:33	1:06:01
50	10KM Individual Run - Male Master	1231	LI PING WAI	李秉威	1:08:50	1:08:29
51	10KM Individual Run - Male Master	H2582	Lee Siu Wing	李少榮	1:09:28	1:09:10
52	10KM Individual Run - Male Master	1234	Wong Siu Kau James	王紹球	1:09:35	1:09:00
53	10KM Individual Run - Male Master	1233	LAI KOON LAM		1:11:18	1:10:49
54	10KM Individual Run - Male Master	1229	Lam Chin Hung	林展鴻	1:13:59	1:13:32
55	10KM Individual Run - Male Master	1187	Olmsted Benton Randall		1:15:48	1:15:27
56	10KM Individual Run - Male Master	T2029	Wong Kwok Tung	黃國棟	1:17:12	1:16:50
57	10KM Individual Run - Male Master	1197	LEUNG Wing Ho	梁永豪	1:17:17	1:16:59
58	10KM Individual Run - Male Master	T2005	CHAU KIT HO	周傑浩	1:18:34	1:17:56
59	10KM Individual Run - Male Master	1224	Wong Ken	黃銘基	1:37:20	1:36:49
60	10KM Individual Run - Male Master	1189	Yu Kin Fai Barry	余建輝	1:40:49	1:40:46

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
1	10KM Individual Run - Male Prime	T2039	Wong Yip Pok		0:38:24	0:38:24
2	10KM Individual Run - Male Prime	H2522	So Yu Fai Benjamin	蘇宇暉	0:38:52	0:38:50
3	10KM Individual Run - Male Prime	H2521	Un Ka Chun	阮嘉駿	0:39:46	0:39:46
4	10KM Individual Run - Male Prime	1272	Wong Cheuk Hang	黃卓恒	0:40:34	0:40:33
5	10KM Individual Run - Male Prime	T2038	Chan Yin Lok		0:40:58	0:40:58
6	10KM Individual Run - Male Prime	H2523	Ko Kwan Lung	高君龍	0:41:30	0:41:25
7	10KM Individual Run - Male Prime	T2037	Ho Chi Yuen		0:41:36	0:41:36
8	10KM Individual Run - Male Prime	H2543	So Wai Kin	蘇偉健	0:41:37	0:41:34
9	10KM Individual Run - Male Prime	H2525	Li Victor	李岱軒	0:41:59	0:41:55
10	10KM Individual Run - Male Prime	1254	Leung Bruce CM		0:42:08	0:42:08
11	10KM Individual Run - Male Prime	H2511	CHOW Ting Kwan	周定鈞	0:44:00	0:43:56
12	10KM Individual Run - Male Prime	H2510	CHAN Kwun Yip	陳觀業	0:44:28	0:44:25
13	10KM Individual Run - Male Prime	H2579	Ho Hin Wai	何顯煒	0:44:47	0:44:45
14	10KM Individual Run - Male Prime	H2552	CHO Ming Kiu, Isaac	曹銘翹	0:44:56	0:44:50
15	10KM Individual Run - Male Prime	H2529	Chan Long Kiu Kelvin	陳朗翹	0:46:08	0:45:52
16	10KM Individual Run - Male Prime	H2505	WONG Yu Kit	黃愉杰	0:46:25	0:46:23
17	10KM Individual Run - Male Prime	1261	Lui Johnny		0:46:43	0:46:41
18	10KM Individual Run - Male Prime	1283	Pak Wun Lam	白煥林	0:47:05	0:47:02
19	10KM Individual Run - Male Prime	1262	Li Tik David		0:47:25	0:46:50
20	10KM Individual Run - Male Prime	1250	Fung Chun Kit	馮俊傑	0:48:41	0:48:11
21	10KM Individual Run - Male Prime	H2519	Pang Chi Sum		0:48:56	0:48:35
22	10KM Individual Run - Male Prime	T2035	Pang Hung Kit	彭鴻傑	0:49:36	0:49:26
23	10KM Individual Run - Male Prime	1252	LAU CHI YUEN		0:49:55	0:49:53
24	10KM Individual Run - Male Prime	H2573	Wong Hei Long	黃曦朗	0:49:57	0:49:34
25	10KM Individual Run - Male Prime	1251	Cheung Kenneth		0:49:57	0:49:29
26	10KM Individual Run - Male Prime	1279	Wong Yiu Cho	黃耀祖	0:50:20	0:50:17
27	10KM Individual Run - Male Prime	1241	Fan Chi Him	范梓謙	0:50:41	0:50:36
28	10KM Individual Run - Male Prime	1263	LEUNG CHUN HIM		0:53:05	0:52:42
29	10KM Individual Run - Male Prime	H2553	FUNG Yik Yan, Julian	馮奕昕	0:53:40	0:53:22
30	10KM Individual Run - Male Prime	1278	Fung Ka Wai	馮家威	0:53:42	0:53:19
31	10KM Individual Run - Male Prime	1238	Diu Kin chung	刁健聰	0:54:11	0:53:58
32	10KM Individual Run - Male Prime	1267	Lam Ho Yeung	林浩洋	0:54:19	0:54:09
33	10KM Individual Run - Male Prime	1239	Shek Chi Kit	石志傑	0:54:31	0:53:58
34	10KM Individual Run - Male Prime	H2530	Kwok Chun Cheung	郭鎮翔	0:55:05	0:54:30
35	10KM Individual Run - Male Prime	1277	Wong Chun hey	黃鎮熙	0:55:46	0:55:11
36	10KM Individual Run - Male Prime	1247	CHOI SHING CHI	蔡晟志	0:56:16	0:56:14
37	10KM Individual Run - Male Prime	1244	Tsang Wai Kei	曾偉基	0:56:16	0:56:12
38	10KM Individual Run - Male Prime	1270	Wong Man Hong	黃	0:56:24	0:56:24
39	10KM Individual Run - Male Prime	1276	Chan Tik Kwan	陳狄坤	0:56:25	0:55:51
40	10KM Individual Run - Male Prime	1257	Lee Wai Lam William		0:56:43	0:56:28

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
41	10KM Individual Run - Male Prime	T2028	Lam Chi Cheung	林志祥	0:57:29	0:57:06
42	10KM Individual Run - Male Prime	1266	Lam Chak Hang	林澤恒	0:58:08	0:57:55
43	10KM Individual Run - Male Prime	1274	Poon Chiu Lam		0:58:50	0:58:49
44	10KM Individual Run - Male Prime	H2524	Leung Man Kit Garret	梁文杰	0:59:14	0:59:12
45	10KM Individual Run - Male Prime	T2023	Yuen Sam	袁裕深	0:59:49	0:59:19
46	10KM Individual Run - Male Prime	1258	Ng Matthew Ka sing	吳家誠	0:59:56	0:59:41
47	10KM Individual Run - Male Prime	1275	Yu Kam To		1:00:02	0:59:38
48	10KM Individual Run - Male Prime	H2536	Chan Sau Hang	陳秀恆	1:00:17	0:59:44
49	10KM Individual Run - Male Prime	H2554	TO Yu Hang, Jason	杜宇恆	1:01:08	1:00:48
50	10KM Individual Run - Male Prime	H2509	FU Mianheng	傅勉恒	1:01:23	1:00:54
51	10KM Individual Run - Male Prime	H2537	Yeung Wing Lok	楊永樂	1:01:31	1:01:00
52	10KM Individual Run - Male Prime	H2585	Koo Zem	辜錦鴻	1:01:42	1:01:12
53	10KM Individual Run - Male Prime	H2531	Woo Yik Yin Edwin	胡奕研	1:02:45	1:02:09
54	10KM Individual Run - Male Prime	H2578	Chan Chi Fung	陳志豐	1:03:06	1:02:53
55	10KM Individual Run - Male Prime	1255	Fan Siu Leung	樊兆樑	1:03:54	1:03:36
56	10KM Individual Run - Male Prime	1245	CHOI SHEUNG LAM	蔡湘霖	1:04:36	1:04:31
57	10KM Individual Run - Male Prime	T2008	WONG CHUNG YIU	黃頌堯	1:05:05	1:04:57
58	10KM Individual Run - Male Prime	1271	cai zhiheng		1:05:31	1:05:29
59	10KM Individual Run - Male Prime	1260	WONG TAT HEI		1:05:36	1:05:11
60	10KM Individual Run - Male Prime	1282	Lee Sung Won		1:05:51	1:05:21
61	10KM Individual Run - Male Prime	1281	Leung Rain		1:07:27	1:06:48
62	10KM Individual Run - Male Prime	1280	Koo Renton		1:08:19	1:07:55
63	10KM Individual Run - Male Prime	1249	Chiu Sui Hin		1:08:46	1:08:18
64	10KM Individual Run - Male Prime	H2555	Chan Yiu Tung	陳耀東	1:10:54	1:10:39
65	10KM Individual Run - Male Prime	T2010	TSOI MING WA	蔡銘樺	1:12:03	1:11:56
66	10KM Individual Run - Male Prime	1242	Chan kwan pok	陳君博	1:12:16	1:12:12
67	10KM Individual Run - Male Prime	H2572	Yip Chun Kit	葉俊傑	1:17:52	1:17:31
68	10KM Individual Run - Male Prime	1256	Wong Kayson	黃家琪	1:25:23	1:25:10

World Heart Day 2025-26

Date: 11 Jan 206

Category Position	Category	Bib	Name	Chiname	OfficialTime	ChipTime
1	10KM Individual Run - Male Youth	1289	Wong Man Hang	黃敏行	0:39:56	0:39:55
2	10KM Individual Run - Male Youth	1285	Jung Yu Hin	鍾宇軒	0:58:56	0:58:55
3	10KM Individual Run - Male Youth	1291	wong Chun sing	黃鎮星	1:00:03	0:59:32
4	10KM Individual Run - Male Youth	1290	Liu Leuk Tang	廖略登	1:00:27	1:00:22
5	10KM Individual Run - Male Youth	1286	Wong Chun Nok	王俊諾	1:10:43	1:10:17
6	10KM Individual Run - Male Youth	1287	HO Shing Chun	何丞雋	1:10:43	1:10:18
7	10KM Individual Run - Male Youth	1292	LAI YU TUNG		1:11:18	1:10:48