

World Heart Day 2025-26

Date: 11 Jan 2026

10KM Team

Rank	Category	Bib	Name	姓名	TeamName	TeamTime_	OfficialTime
1	10KM Team	T2039	Wong Yip Pok		男人革命	1:58:56	0:38:24
1	10KM Team	T2036	Lau Chun Ki		男人革命	1:58:56	0:39:34
1	10KM Team	T2038	Chan Yin Lok		男人革命	1:58:56	0:40:58
1	10KM Team	T2037	Ho Chi Yuen		男人革命	1:58:56	0:41:36
1	10KM Team	T2041	Lam Chun Man		男人革命	1:58:56	
1	10KM Team	T2040	Ho Siu Ki		男人革命	1:58:56	
2	10KM Team	T2043	Chung Cheuk Yin	鍾卓賢	鐵心飛跑聯盟	2:18:49	0:45:20
2	10KM Team	T2045	Cheung Chun Sing	張振昇	鐵心飛跑聯盟	2:18:49	0:45:40
2	10KM Team	T2044	Siu Vincent Chun Yu	蕭震宇	鐵心飛跑聯盟	2:18:49	0:47:49
2	10KM Team	T2042	Tse Kai Pong	謝啟邦	鐵心飛跑聯盟	2:18:49	0:50:11
2	10KM Team	T2047	Lam Chun Bun	林振彬	鐵心飛跑聯盟	2:18:49	0:56:11
2	10KM Team	T2046	CHOW Chun Ling	周駿齡	鐵心飛跑聯盟	2:18:49	
3	10KM Team	T2022	Cheung Eddy	張仁貴	中文大學EMBA	2:32:57	0:47:36
3	10KM Team	T2019	Chan Lawrence	陳志恒	中文大學EMBA	2:32:57	0:51:44
3	10KM Team	T2021	Tse Ronald	謝廷灝	中文大學EMBA	2:32:57	0:53:36
3	10KM Team	T2023	Yuen Sam	袁裕深	中文大學EMBA	2:32:57	0:59:49
3	10KM Team	T2018	So Man Wai	蘇敏慧	中文大學EMBA	2:32:57	1:11:16
3	10KM Team	T2020	Leung Lap Man	梁立民	中文大學EMBA	2:32:57	1:11:16

10KM Hospital Cup

Rank	Category	Bib	Name	姓名	TeamName	TeamTime_	OfficialTime
1	10KM Hospital Cup	H2522	So Yu Fai Benjamin	蘇宇暉	QMH_Med	2:00:08	0:38:52
1	10KM Hospital Cup	H2521	Un Ka Chun	阮嘉駿	QMH_Med	2:00:08	0:39:46
1	10KM Hospital Cup	H2523	Ko Kwan Lung	高君龍	QMH_Med	2:00:08	0:41:30
1	10KM Hospital Cup	H2525	Li Victor	李岱軒	QMH_Med	2:00:08	0:41:59
1	10KM Hospital Cup	H2520	Chan King Pui Florence	陳璟珮	QMH_Med	2:00:08	0:46:40
1	10KM Hospital Cup	H2524	Leung Man Kit Garret	梁文杰	QMH_Med	2:00:08	0:59:14
2	10KM Hospital Cup	H2528	YAM Ka Keung	任家強	SBHTeam1	2:07:36	0:38:29
2	10KM Hospital Cup	H2526	CHAN Tuen Ching	陳端正	SBHTeam1	2:07:36	0:43:00
2	10KM Hospital Cup	H2529	Chan Long Kiu Kelvin	陳朗翹	SBHTeam1	2:07:36	0:46:08
2	10KM Hospital Cup	H2527	Paul Aarne Koljonen	高日藍	SBHTeam1	2:07:36	0:46:13
2	10KM Hospital Cup	H2530	Kwok Chun Cheung	郭鎮翔	SBHTeam1	2:07:36	0:55:05
2	10KM Hospital Cup	H2531	Woo Yik Yin Edwin	胡奕研	SBHTeam1	2:07:36	1:02:45
3	10KM Hospital Cup	H2508	YIP Kam	葉錦	CUHKMC 2	2:08:20	0:39:53
3	10KM Hospital Cup	H2511	CHOW Ting Kwan	周定鈞	CUHKMC 2	2:08:20	0:44:00
3	10KM Hospital Cup	H2510	CHAN Kwun Yip	陳觀業	CUHKMC 2	2:08:20	0:44:28
3	10KM Hospital Cup	H2509	FU Mianheng	傅勉恒	CUHKMC 2	2:08:20	1:01:23
3	10KM Hospital Cup	H2507	TSANG Wai Shan	曾慧珊	CUHKMC 2	2:08:20	1:06:54
3	10KM Hospital Cup	H2506	WONG Hoi Yan	黃愷欣	CUHKMC 2	2:08:20	1:06:54