

World Heart Day 2025-26

Date: 11 Jan 206

Family Overall

Rank	Category	Bib	Name	姓名	Team Name	TeamTime_
1	400M x 2 Relay - 1 Male Kid aged 10-11 & 1 Adult aged over 18	5000A	MA CHAT PAN	馬質斌	M & M	0:02:31
1	400M x 2 Relay - 1 Male Kid aged 10-11 & 1 Adult aged over 18	5000B	MA HO YIN Matthew	馬浩賢	M & M	0:02:31
2	400M x 2 Relay - 1 Male Kid aged 10-11 & 1 Adult aged over 18	5001A	Choy Pui Sang Ignatius	蔡沛生	HITC	0:03:00
2	400M x 2 Relay - 1 Male Kid aged 10-11 & 1 Adult aged over 18	5001B	Choy Cheuk Hin	蔡卓軒	HITC	0:03:00
3	400M x 2 Relay - 1 Male Kid aged 10-11 & 1 Adult aged over 18	5002A	Kiang Chun Wah	姜鎮華	飛龍	0:03:06
3	400M x 2 Relay - 1 Male Kid aged 10-11 & 1 Adult aged over 18	5002B	Wu Ming Pok	胡明博	飛龍	0:03:06
4	400M x 2 Relay - 1 Male Kid aged 10-11 & 1 Adult aged over 18	5006A	Lai hoi yin	黎海燕	加油, 加油	0:03:18
4	400M x 2 Relay - 1 Male Kid aged 10-11 & 1 Adult aged over 18	5006B	Lai Yu hang	黎宇衡	加油, 加油	0:03:18
5	400M x 2 Relay - 1 Male Kid aged 10-11 & 1 Adult aged over 18	5004A	Tang King Fun	鄧勁勳	HUGO & ISSAC	0:03:36
5	400M x 2 Relay - 1 Male Kid aged 10-11 & 1 Adult aged over 18	5004B	Tang Hay Young Issac	鄧羲陽	HUGO & ISSAC	0:03:36

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Rank	Category	Bib	Name	姓名	Team Name	TeamTime_
1	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5502A	Wong Trevor		WONGZIA	0:02:37
1	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5502B	Wong Manon		WONGZIA	0:02:37
2	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5505A	Kiang Pui Ki	姜佩祺	貓貓妹妹	0:02:53
2	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5505B	Chan Chin Ching	陳芊晴	貓貓妹妹	0:02:53
3	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5503A	Cheung Wing Yan Wendy	張詠欣	DAUCHEZ	0:03:13
3	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5503B	DAUCHEZ Lena	杜智麗	DAUCHEZ	0:03:13
4	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5506A	Tang Yee Chun		MKIIVT	0:03:19
4	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5506B	Lai Man Kei		MKIIVT	0:03:19
5	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5508A	Ma Cheuk Kiu	馬卓翹	Eve Ma Ma	0:03:45
5	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5508B	Wong Kit chi	黃潔芝	Eve Ma Ma	0:03:45
6	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5500A	Ko Tsan Tsan	高贊贊	負電拍拍KO	0:03:57
6	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5500B	Ko Tsz Yiu	高紫瑤	負電拍拍KO	0:03:57
7	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5509A	Chow Yuen Hon Francis	周源瀚		0:06:36
7	400M x 2 Relay - 1 Female Kid aged 10-11 & 1 Adult aged over 18	5509B	Chow See Ching	周思呈		0:06:36

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1	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6001A	CHEUNG HUNG PAN	張鴻彬	嵐子組	0:02:38
1	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6001B	CHEUNG HOI LAAM	張凱嵐	嵐子組	0:02:38
2	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6002A	CHEUNG KA LUN ALAN	張嘉麟	一愛樹騰快快跑	0:02:47
2	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6002B	CHEUNG HO TANG	張穎騰	一愛樹騰快快跑	0:02:47
3	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6000A	Tsang Sunny		STCC	0:02:59
3	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6000B	Tsang Caleb		STCC	0:02:59
4	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6007A	Fung Stella	馮詠兒	WIN with you	0:03:13
4	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6007B	Pang Anson	彭禮仁	WIN with you	0:03:13
5	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6004A	LAU Ho Kei		Lobogan	0:03:19
5	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6004B	LAU Tsz Long	劉子朗	Lobogan	0:03:19
6	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6005A	Tang King Fun	鄧勁勳	HUGO & IVAN	0:03:49
6	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6005B	Tang Hay Wang Ivan	鄧義宏	HUGO & IVAN	0:03:49
7	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6006A	Leung Chui Shan	梁翠珊	天天向前衝	0:04:02
7	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6006B	Ma Ho Tin	馬灝天	天天向前衝	0:04:02
8	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6003A	Lam Wing Fai	林永輝	司華力必勝	0:10:17
8	400M x 2 Relay - 1 Male Kid aged 8-9 & 1 Adult aged over 18	6003B	Lam Ho Sau	林號修	司華力必勝	0:10:17

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Rank	Category	Bib	Name	姓名	Team Name	TeamTime_
1	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6501A	Yan Siu Lun	甄兆麟	ENAVY	0:02:26
1	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6501B	Yan Siu Lun	甄佳雅	ENAVY	0:02:26
2	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6506A	Leung Ho Chun	梁豪俊	WE FLASH	0:02:40
2	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6506B	Leung Hing Chi	梁馨之	WE FLASH	0:02:40
3	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6502A	LEE Chi Yung		Go Go Go	0:02:56
3	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6502B	LEE HUI KI		Go Go Go	0:02:56
4	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6505A	KAM MAN LAN MANDY	甘愷嫻	ALEXA 鋁佻	0:03:00
4	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6505B	WONG MAN SAM	黃鋁佻	ALEXA 鋁佻	0:03:00
5	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6508A	WU Hiu Yan , Cindy	吳曉欣	生蛇, 關我心臟事!	0:03:28
5	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6508B	LEUNG Sum Wai	梁心蔚	生蛇, 關我心臟事!	0:03:28
6	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6504A	Kiang Ngai Sze	姜藝思	溫柔快樂	0:03:28
6	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6504B	Wu Hoi Ting	胡凱婷	溫柔快樂	0:03:28
7	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6503A	Sun Ka Yan		Faye&Yan	0:03:33
7	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6503B	Wong Yu Faye		Faye&Yan	0:03:33
8	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6511A	Ching Yee Ki	程綺琪	KR跑步團	0:03:43
8	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6511B	Chan Chiu Wing	陳昭穎	KR跑步團	0:03:43
9	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6509A	Leung Yin chi	梁燕芝	Piggy Team	0:03:56
9	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6509B	Ho Wing Hei	何穎晞	Piggy Team	0:03:56
10	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6510A	Wong Oi Lei	黃藹俐	梁家婦女	0:04:02
10	400M x 2 Relay - 1 Female Kid aged 8-9 & 1 Adult aged over 18	6510B	Leung Sin Ni	梁善妮	梁家婦女	0:04:02

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1	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7001A	LING MAN CHI	凌敏智	凌爸B	0:02:47
1	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7001B	LING TSZ HO	凌梓皓	凌爸B	0:02:47
2	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7004A	Kwok Wai Kin	郭偉鍵	HughWill	0:02:55
2	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7004B	Kwok Yuk Sau	郭昱秀	HughWill	0:02:55
3	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7013A	Lee wing kiu	李詠喬	GSH	0:02:59
3	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7013B	Cheung Wang Yui	張泓睿	GSH	0:02:59
4	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7012A	Tang Siu Wai	鄧小慧	2026NHF	0:02:59
4	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7012B	Ng Hoi Fung	吳海豐	2026NHF	0:02:59
5	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7009A	LIT Kwok-nang	列國能	Lit	0:03:13
5	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7009B	LIT Shing-hei	列承晞	Lit	0:03:13
6	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7014A	Cheng Cristiano	鄭子諾	WIN with you	0:03:15
6	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7014B	WAN KEI CHENG	鄭允期	WIN with you	0:03:15
7	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7010A	Cheung Chi Kit	張志傑	海洋列車隊	0:03:19
7	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7010B	Cheung Ho Shun	張皓淳	海洋列車隊	0:03:19
8	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7002A	Tsang Yee	曾儀	Joey	0:03:45
8	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7002B	Lau Kwong yu uriel	劉光宇	Joey	0:03:45
9	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7003A	Li Kevin		香港亞洲心臟中心	0:03:45
9	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7003B	Li Hiu Chun		香港亞洲心臟中心	0:03:45
10	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7005A	Lai Hin Kwan	黎衍君	My1stRun	0:03:57
10	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7005B	Pang Yik Long	彭奕朗	My1stRun	0:03:57
11	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7007A	Lam Mei	林薇	法蘭克福必勝	0:04:02
11	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7007B	Lam Ho Yik	林號益	法蘭克福必勝	0:04:02
12	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7000A	Yim Hermes	嚴偉平	爺孫齊齊跑	0:04:09
12	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7000B	Yim Ayden	嚴梓燊	爺孫齊齊跑	0:04:09
13	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7006A	Tsang Wai Kit Jack	曾偉傑	大手拉小手組	0:04:26
13	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7006B	Tsang Pak Lam	曾柏霖	大手拉小手組	0:04:26
14	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7008A	Fung Kui Yuen	馮炬源	蝦碌2人組	0:04:28
14	400M x 2 Relay - 1 Male Kid aged 6-7 & 1 Adult aged over 18	7008B	Fung Chi Chung	馮致衝	蝦碌2人組	0:04:28

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1	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7500A	Wu Ka Wing	胡嘉榮	感恩喜樂	0:03:16
1	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7500B	Wu Yan Hi	胡恩喜	感恩喜樂	0:03:16
2	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7503A	Mok Hoi Lam		香港亞洲心臟中心	0:03:28
2	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7503B	Chum Sze Lok		香港亞洲心臟中心	0:03:28
3	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7508A	Yuyukhin	余玉憲	AK+JK	0:03:32
3	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7508B	Kwok Ching man	郭澄汶	AK+JK	0:03:32
4	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7502A	Wong Ka Kit	王嘉傑	業聚醫療 健康同行	0:03:36
4	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7502B	Wong Heather	王荇悠	業聚醫療 健康同行	0:03:36
5	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7505A	Lee Wai Ling	李蔚靈	蕉氣勃勃組	0:03:58
5	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7505B	Lee Hiu Ching	李曉晴	蕉氣勃勃組	0:03:58
6	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7504A	Lee Shuk Man	李淑敏	San team	0:04:23
6	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7504B	Kuo Hiu San	郭曉燊	San team	0:04:23
7	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7501A	Sham Gary	岑嘉宜	Mermaid	0:04:26
7	400M x 2 Relay - 1 Female Kid aged 6-7 & 1 Adult aged over 18	7501B	Sham Sophie	岑凱晴	Mermaid	0:04:26

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1	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8006A	Lam Wai Leong		A & D	0:03:09
1	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8006B	Lam Chi Nok		A & D	0:03:09
2	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8007A	CHAN CHUN LONG	陳駿朗	FUTATEAM	0:03:33
2	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8007B	CHAN FUTA	陳楓太	FUTATEAM	0:03:33
3	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8009A	LAM TSZ YING	林芷瑩	謙瑩同心共進隊	0:04:04
3	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8009B	CHUNG KA HIM EDWARD	鍾嘉謙	謙瑩同心共進隊	0:04:04
4	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8008A	WONG KWONG YIU	王光耀	燃燒吧串燒三兄弟	0:04:05
4	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8008B	WONG CHUN YIU	王俊堯	燃燒吧串燒三兄弟	0:04:05
5	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8011A	Yim chi nam	嚴志南	無敵天隊	0:04:07
5	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8011B	Yim Pak Kiu	嚴柏喬	無敵天隊	0:04:07
6	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8002A	So Enoch	蘇智德	Dinosaur	0:04:09
6	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8002B	So Ethan Pak Hei	蘇柏熹	Dinosaur	0:04:09
7	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8001A	Suen Yuk Fong	孫玉芳	黃E5	0:04:17
7	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8001B	Wong Yik Lam	黃奕霖	黃E5	0:04:17
8	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8016A	Chan Yuet Sum	陳悅心	S & C	0:04:26
8	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8016B	Siu Yung Ho	蕭雍皓	S & C	0:04:26
9	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8010A	Fan Man Ping Sader	范敏平	范宅兩仔爺	0:04:45
9	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8010B	Fan Yat Yin	范一然	范宅兩仔爺	0:04:45
10	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8012A	Chan Yuen Yee	陳婉儀	超級飛像隊	0:05:01
10	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8012B	Cheung Chun In	張俊埏	超級飛像隊	0:05:01
11	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8005A	Li Amy		香港亞洲心臟中心	0:05:39
11	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8005B	Chum Sze Long		香港亞洲心臟中心	0:05:39
12	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8013A	Tse Chi Kan	謝智勤	天天感謝恩祢承諾	0:05:41
12	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8013B	Tse Yan Nok	謝恩諾	天天感謝恩祢承諾	0:05:41
13	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8015A	Law Ravel		生蛇，關我心臟事!	0:05:46
13	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8015B	Law Maurice	羅皓翹	生蛇，關我心臟事!	0:05:46
14	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8004A	Fan Ivy		香港亞洲心臟中心	0:05:47
14	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8004B	Kong Angelo		香港亞洲心臟中心	0:05:47

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15	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8014A	Chan Ho Ting Dennis	陳浩霆	業聚醫療 健康同行	0:05:52
15	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8014B	Chan York Damian	陳約寧	業聚醫療 健康同行	0:05:52
16	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8017A	Leung Chui Shan	梁翠珊	宏陀陀飛輪	0:06:45
16	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8017B	Ma Ho Wang	馬灝宏	宏陀陀飛輪	0:06:45
17	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8003A	Chu Hon Man, Herman	朱瀚文	香港亞洲心臟中心	0:08:05
17	400M x 2 Relay - 1 Male Kid aged 4-5 & 1 Adult aged over 18	8003B	Chu Man Lok, Zachary	朱敏樂	香港亞洲心臟中心	0:08:05

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1	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8501A	Wong Shing Kwan	黃承焜	Sonic 2	0:02:57
1	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8501B	Wong Tsz Shuen	黃子璇	Sonic 2	0:02:57
2	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8503A	LUI HO MAN	呂浩文	米子	0:02:59
2	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8503B	LUI SHUN YAN	呂淳昕	米子	0:02:59
3	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8500A	Cheung Pui Lim	張沛廉	HuenBMa3	0:03:16
3	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8500B	Cheung Ching Huen Evelyn	張靖萱	HuenBMa3	0:03:16
4	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8507A	Lam Sau Ling Peggy	林秀玲	SHERYL	0:03:22
4	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8507B	Chan Sze Chui	陳思隨	SHERYL	0:03:22
5	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8505A	Wong Man Kit Ethan	黃文傑	阿斯利康 守護健康	0:03:57
5	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8505B	Wong Ching Kiu Aria	黃婧喬	阿斯利康 守護健康	0:03:57
6	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8509A	Chan On On	陳安安	花花	0:04:26
6	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8509B	Dorothy dor dor		花花	0:04:26
7	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8502A	KIANG YIK LUN	姜亦倫	之之妹妹	0:04:36
7	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8502B	CHEUNG YIN CHI	張曠之	之之妹妹	0:04:36
8	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8506A	Lam Clara Che Wai	林芷蕙	Servier	0:04:59
8	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8506B	Chan Elisha Yan Yu	陳恩諭	Servier	0:04:59
9	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8504A	Chan Anni		AMGEN	0:06:06
9	400M x 2 Relay - 1 Female Kid aged 4-5 & 1 Adult aged over 18	8504B	Leung Laraine		AMGEN	0:06:06